

GWA PARENTS WEEKLY

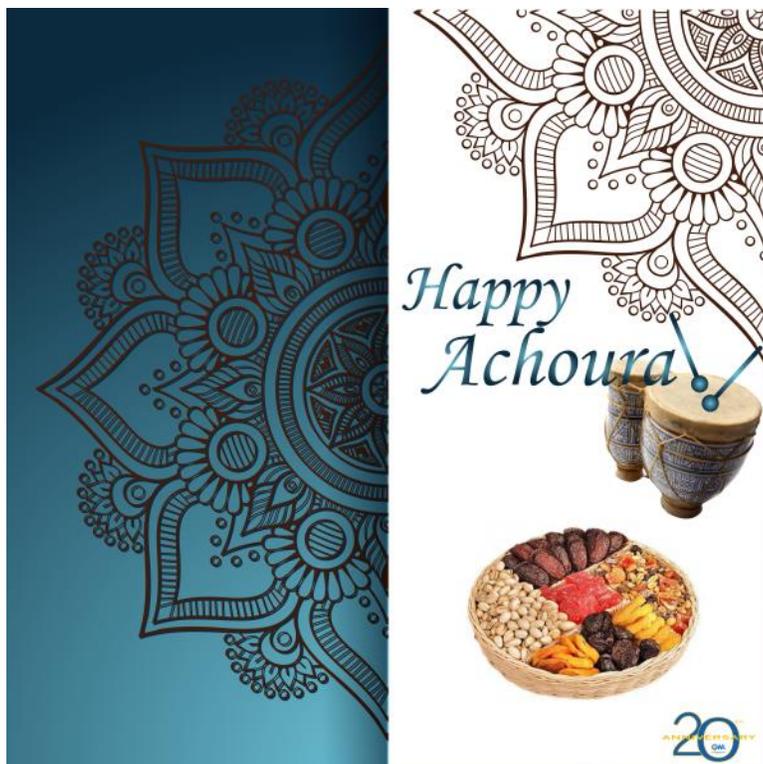
Week of October 1 – 7



Your Weekly Lower and Upper Schools Communication

What parents need to know about this week @ GWA

ALL SCHOOL ANNOUNCEMENTS



SCHOOL NOTICES & EVENTS

Save the date

Oct 3 Gulf University Tours Visit @ 9:00am—11:00am in MPR

Oct 5 MS/HS Character Assemblies in MPR
MS: 8:50-9:20am & HS:9:30-10:00am

Oct 6 LS Character Assembly @ 8:15am in MPR

Oct 7 SAT @ 7:30am

Oct 9 - 13 Photos for Students, Seniors & GWA Staff

Oct 13 2nd Annual Literary Day for Lower School (K-5th)

Oct 16 – 20 Fall Break

Please visit our [Master Calendar](#) or [Facebook](#) to see more events and updates! (ctrl, click on 'Master Calendar')

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ALL SCHOOL ANNOUNCEMENTS

Nurse:

Dear Parents,

This week's healthy eating rules to live by for parents ...

5. Rewrite the kids' menu. Who says kids only want to eat hot dogs, pizza, burgers, and macaroni and cheese? When eating out, let your kids try new foods and they might surprise you with their willingness to experiment. You can start by letting them try a little of whatever you ordered or ordering an appetizer for them to try.

6. Drink calories count. Soda and other sweetened drinks add extra calories and get in the way of good nutrition. [Water and milk](#) are the best drinks for kids. Juice is fine when it's 100%, but kids don't need much of it — 4 to 6 ounces a day is enough for preschoolers.

*Taken from KidsHealth.org - [check out all the tips](#) here!

We need your help as we try to improve the health of students at GWA and our ability to take care of everyone well. Ensuring we receive 100% of mandatory medical forms for 4 grade levels per year is our entire focus at present!

We are getting so close to our goal!

We are still missing: 8 = 10th graders, 6 = 7th graders, 9 = 4th graders and 5 = 1st graders

If your son or daughter is in one of these grades and you have not seen the pediatrician for a well-child check to have the form completed; please do so immediately!

For a healthy GWA,
Miss Hannah Hair, RN, BSN



LOWER SCHOOL ANNOUNCEMENTS

Dear Parents/Guardians,

As I reflect upon our first month of the 2017-18 academic year I am very pleased with the transition our students, families, faculty, and staff have made. We are thrilled to have our new Library Media Tech Center (LMTC) as a state-of-the-art learning center for our students and increased convenience for our parents. Please be mindful of the following procedures as you visit the GWA campus during school hours:

- All parents should enter campus through the front door of the LMTC during school hours and check in with reception. After telling Paula or Kawtar who you would like to see you will receive the appropriate badge/pass and directions to the destination you seek. Note: There is a specific pass for those who wish to visit the Library.
- If dropping off a child late OR picking up a child early you must come to the Lower School Office to obtain the appropriate pass. No parents should proceed to 1st-5th grade classrooms at any time. Drop-off and pick-up are in the MPR, and late arrivals or early departures are facilitated through the Lower School Office.

Many thanks in advance for your cooperation with these procedures so that we can ensure the safety of our students and that they have minimal disruptions to instruction.

Kind regards,
Kevin Brenner
Lower School Principal

Announcements:

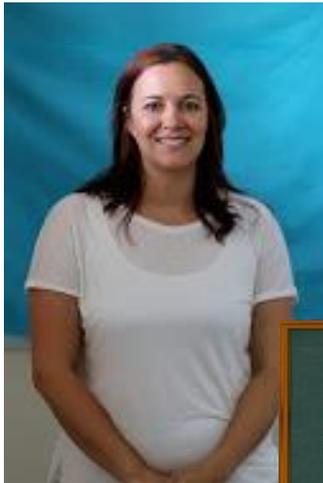
- The Lower School Computer lab will be open until 4:00pm on Mondays, Tuesdays, Thursdays, and Fridays for students to take AR or RL tests and/or to complete entries on Reading Rewards reading logs. Please note it will NOT be open after school on Wednesdays.
- Students who wish to visit the library with their parent/guardian after school should proceed directly to the library via the back exterior stairs after pick up from the MPR or classroom. Students and parents are not permitted to enter the LMTC from the front door during dismissal time.
- 1st-5th grade parents should not go to classrooms for drop off or pick up. Please check in with reception and proceed to LS Office if the need arises to visit a classroom.
- As the weather turns cooler please be reminded that all 1st-5th graders should have a GWA uniform item as their outer layer. Non-GWA jackets are not permitted.
- 3 tardies equals 1 absence. A student risks repeating the grade level if she/he reaches 20 absences



UPPER SCHOOL ANNOUNCEMENTS

Announcements:

This week the Upper School would like to share how Mrs. Mandy Friedrichs is inspiring our students to become “lifelong learners who pursue excellence.” This year, Mrs. Friedrichs’s 9th grade English students have an opportunity to extend their learning through alternative assignments and readings. The students can also meet with Mrs. Friedrichs during lunch to get additional feedback on their assignments. By doing these things the students in her class will be better prepared for future AP English classes. If you run into her in the hallways of GWA, be sure to thank her for the excellent level of effort that she puts into teaching our students.



Interested in studying in the UK?

The British Council is hosting a major UK University fair in Madrid on October 17-18th and in Barcelona on October 19th. This is during our Fall break - the perfect time to do some college research! Over 40 major UK universities will be attend including UCL, Queen Mary, Manchester, Imperial College London, City University London, Hult, and more! <https://www.britishcouncil.es/en/british-education-fair>



UPPER SCHOOL ANNOUNCEMENTS

Announcements:

GWA is hosting a college fair!

On Tuesday, October 3rd, GWA will be hosting a college fair organized by GulfEDU. Twelve universities from all over the world will be at GWA from 8:30 until 10am. Parents are welcome to attend. For a list of all universities visiting this fall, log on to www.connection.naviance.com/gwa

George Washington Academy
Tuesday 3rd October, 8.15 AM - 10 AM

**GULF
EDU
TOURS**

Questions? contact@gutours.com

University Fairs in Morocco

Study in USA, SPAIN, SWITZERLAND, ITALY, GERMANY & BULGARIA

USA

TRINE UNIVERSITY

KANSAS STATE UNIVERSITY

INDIANA UNIVERSITY PURDUE UNIVERSITY INDIANAPOLIS

Shoreline COMMUNITY COLLEGE

SAINT LEO UNIVERSITY

The UNIVERSITY of OKLAHOMA

SIENA

UNIVERSITY OF MISSOURI LA CROSSE

MINERVA SCHOOLS AT KGI

ECOLE HOTELIERE LAUSANNE

Since 1897

MEMBER OF EHL GROUP

Spain

UCAM UNIVERSIDAD CATOLICA DE MURCIA

fie

American University in Bulgaria

Germany

JACOBS UNIVERSITY

Italy

IED Istituto Europeo di Design

ATHLETICS

Dear Middle school student-athletes and parents:

The swimming and soccer seasons for the varsity and junior varsity teams are upon us and the athletic department would like to clarify the participation of middle school students participating on varsity and junior varsity teams.

In years past, middle school student-athletes have been permitted to participate on various varsity teams. That decision was made based on a variety of factors ranging from age, mental, physical and emotional maturity, skill, and athletic ability.

At present, middle school student-athletes will continue to participate on varsity and junior varsity teams at GWA at the discretion of the athletic department and academic administrative team. We will notify you if any revisions or changes are made to this current policy and practice.

Please do not hesitate to stop by the athletic department with questions or concerns, regarding this policy and practice or the contents of this email.

Yours in Athletics,
Evan Scott, M.EdL, C.A.A.
Director of Athletics

AD-PARENT MEETING AGENDA

PURPOSE:

Introduction of GWA Athletic Director and it's programs

Required Attendees:

Parents of US student-athletes

Date:

Wednesday Oct. 4th Time: 0830 Location: MPR

Agenda Items:

Introduction of Athletic Director (1st presentation):

(15 minutes)

The Program (2nd presentation):

(15 minutes)

Student-Athlete Handbook:

(10 minutes)

How can you help? Whatsapp

Q&A:

(10 minutes)



LIBRARY

Dear parents,

GWA Library is a place for reading, collaborative studying, learning, and for borrowing materials to read in the library or to checkout. We strive to maintain a safe and welcoming environment where all GWA community use and enjoy the facility and the library resources. This being said, we set up regulations that do not allow the following behaviors:

1. Damaging or destroying Library property.
2. Eating or drinking packaged or unpackaged food or beverages in the library.
3. Speaking loudly, running, jumping or putting feet or legs on furniture or any other behavior that interferes with the enjoyment and use of the facility.
4. Backpacks are not allowed in the Library, please use the outside hooks to hang your bags.
5. Backpacks should not be left by the door blocking the entrance or outside the Library.
6. Before a student leaves the library he/she is expected to log-off the computer, leave the area around the computer clean, and push in the chairs.
7. No students are allowed in the library without a pass.
8. Using obscene or abusive language or gestures.
9. Making unreasonable noise, including loud talking on a cell phone or otherwise.
10. Students are not allowed to use the elevator.
11. Students are not expected to enter the Library through the main entrance by the hallway.

Please also be aware that:

- Parents or guardians of GWA students can use the library Monday-Friday from 7:30-8:00 and 15:10-17:00.
- Parents are welcome to use the library during the above hours to read, return or check-out books. They are also responsible for monitoring the behavior of their children while in the library and are expected to comply with the library's rules. A child who violates those rules may be asked to leave the library.

Asmaa Rias El Idrissi
School Librarian
arias@gwa.ac.ma



LUNCH MENU GRADES NURSERY – KINDER



Menu for Grades Nursery/Kinder

OCTOBER

2017

Allergy Advice: May contain (gluten, milk, eggs, sesame, fish, nuts, wheat, soybeans, berries, shellfish, mustard, celery....)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>2</p> <ul style="list-style-type: none"> *Nicoise Salad *Pasta pizzaz vegetarian *Steamed broccoli and carrots *Yogurt *Fruit 	<p>3</p> <ul style="list-style-type: none"> * White beans soup *B.B,Q chicken *Sautéed Spinach and mushrooms *Roasted potatoes *Brownies *Seasonal fruit 	<p>4</p> <ul style="list-style-type: none"> *Mexican salad *Baked fish *Steamed vegetables *Fruit *Parfait 	<p>5</p> <ul style="list-style-type: none"> *Vegetable soup *Pizza *Vegetables poelee *Fruit *Profiterole 	<p>6</p> <ul style="list-style-type: none"> *Mixed green salad *Thai stir-fried beef *Julienne vegetables *White rice *Tiramisu *Seasonal fruit 		
<ul style="list-style-type: none"> * Salade niçoise *Pâtes aux légumes *Brocolis et carottes sautés *Yaourt *Fruit de saison 	<ul style="list-style-type: none"> * Soupe d'haricots blancs * Poulet B.B,Q * Epinards et champignons sautés * Pommes de terre au four * Brownie * Fruit de saison 	<ul style="list-style-type: none"> *Salade mexicaine *Poisson au four *Légumes à la vapeur *Fruit de saison *Parfait 	<ul style="list-style-type: none"> *Soupe de légumes *Pizza * Poêlée de légumes *Fruit de saison *Choux a la crème 	<ul style="list-style-type: none"> *Salade variée * steak de boeuf sauté à la thaïlandaise * Juliennes de légumes * Riz blanc * Tiramisu * Fruit de saison 		

LUNCH MENU GRADES 1-12



Menu for Grades 1-12

OCTOBER

2017

Allergy Advice: May contain (gluten, milk, eggs, sesame, fish, nuts, wheat, soybeans, berries, shellfish, mustard, celery....)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>2</p> <ul style="list-style-type: none"> *Split pea soup *Pasta pizzaz vegetarian *Chicken Enchilladas *Steamed broccoli and carrots *Yogurt *Fruit 	<p>3</p> <ul style="list-style-type: none"> * White beans soup *Steak and onions sandwich *B.B,Q chicken *Sautéed Spinach and mushrooms *Roasted potatoes *Brownies *Seasonal fruit 	<p>4</p> <ul style="list-style-type: none"> *Mexican salad *Baked fish *Pizza *Steamed vegetables *Fruit *Parfait 	<p>5</p> <ul style="list-style-type: none"> *Vegetable soup *Goulash Garlic ranch chicken *Vegetables poelee *Fruit *Profeterole 	<p>6</p> <ul style="list-style-type: none"> *Mixed green salad *Thai stir-fried beef *Thai stir-fried Chicken *Julienne vegetables *White rice *Tiramisu *Seasonal fruit 		
<ul style="list-style-type: none"> * Soupe aux petits pois *Pâtes aux légumes *Enchiladas de poulet *Brocolis et carottes sautés *Yaourt *Fruit de saison 	<ul style="list-style-type: none"> * Soupe d'haricots blancs *Sandwich steak oignon * Poulet B.B,Q * Epinards et champignons sautés * Pommes de terre au four * Brownie * Fruit de saison 	<ul style="list-style-type: none"> *Salade mexicaine *Poisson au four *Pizza *Légumes à la vapeur *Fruit de saison *Parfait 	<ul style="list-style-type: none"> *Soupe de légumes *Goulash *Poulet grillé mariné/ sauce ranch * Poêlée de légumes *Fruit de saison *Choux a la crème 	<ul style="list-style-type: none"> *Salade variée *steak de boeuf sauté à la thaïlandaise *Poulet sautés à la thaïlandaise * Juliennes de légumes * Riz blanc * Tiramisu * Fruit de saison 		