

# GWA PARENTS WEEKLY

Week of October 8 – 14



Your Weekly Lower and Upper Schools Communication

*What parents need to know about this week @ GWA*

## ALL SCHOOL ANNOUNCEMENTS



### SCHOOL NOTICES & EVENTS

#### Save the date

**Oct 9 - 13** [Photos for Students, Seniors & GWA Staff](#)

**Oct 13** [2nd Annual Literary Day for Lower School \(K-5th\)](#)

**Oct 16 – 20** [Fall Break](#)

Please visit our [Master Calendar](#) or [Facebook](#) to see more events and updates! (ctrl, click on 'Master Calendar')

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## ALL SCHOOL ANNOUNCEMENTS

### **Nurse:**

Dear Parents,

### **This week's healthy eating rules to live by for parents ...**

**7. Put sweets in their place.** Occasional sweets are fine, but don't turn dessert into the main reason for eating dinner. When dessert is the prize for eating dinner, kids naturally place more value on the cupcake than the broccoli. Try to stay neutral about foods.

**8. Food is not love.** Find better ways to say "I love you." When foods are used to reward kids and show affection, they may start using food to cope with [stress](#) or other emotions. Offer hugs, praise, and attention instead of food treats.

\*Taken from KidsHealth.org - [check out all the tips](#) here!



*We have collected 218 out of the 224 needed mandatory medical forms from the students in grades 1, 4, 7 and 10.*

*THANK YOU for taking your child to a pediatrician for a well-child visit! They are an essential part of ensuring your son or daughter is healthy as they grow and be successful GWA students!*

For a healthy GWA,

Miss Hannah Hair, RN, BSN

## LOWER SCHOOL ANNOUNCEMENTS

Dear Parents/Guardians,

We had another fantastic full week of school as we passed the mid-point of the first quarter and quickly approach the end of the first marking period in November. The Lower School is not sending home printed progress reports for first quarter for a few compelling reasons. First, we ask our teachers to spend the first weeks of school establishing procedures and routines, and building learning communities in their classrooms. Research leading to the development of best practices in Lower School instruction shows that once these critical components are in place teaching and learning happens much more effectively throughout the year. Our teachers and students have had an exceptional start to this school year!

Second, we spent several school days administering MAPGrowth assessments in first through fifth grades (and in Upper School). The data gleaned from these assessments is essential for instruction and targeting growth for each student. Our teachers will be sharing more about this at our 15 November Parent/Teacher Conference Day. Teachers have been asked to contact parents if they have any concerns about student progress at this point in the quarter. Fourth and fifth grade parents have access to PowerSchool (see separate announcement below). If you have any questions and concerns, please remember to start by talking with your child's teacher.

Kind regards,  
Kevin Brenner  
Lower School Principal



### **Announcements:**

- The Lower School Computer lab will be open until 4:00pm on Mondays, Tuesdays, Thursdays, and Fridays for students to take AR or RL tests and/or to complete entries on Reading Rewards reading logs. Please note it will NOT be open after school on Wednesdays.
- As the weather turns cooler please be reminded that all 1st-5th graders should have a GWA uniform item as their outer layer. Non-GWA jackets are not permitted.
- 3 tardies equals 1 absence. A student risks repeating the grade level if she/he reaches 20 absences
- All parents must check in at reception after 8:35. If a child is to be picked up before 3:00, they must come to the office to check the child out. The office will call the classroom to have the child brought to the office.
- 4th grade and new 5th grade parents: Look for a letter coming soon with password and login information for Powerschool. Parent access to PowerSchool in 4th and 5th grade replaces progress reports.
- No rolling backpacks please - they are hazard!

# UPPER SCHOOL ANNOUNCEMENTS

## Announcements:

### Interested in studying in the UK?

The British Council is hosting a major UK University fair in Madrid on October 17-18th and in Barcelona on October 19th. This is during our Fall break - the perfect time to do some college research! Over 40 major UK universities will be attend including UCL, Queen Mary, Manchester, Imperial College London, City University London, Hult, and more! <https://www.britishcouncil.es/en/british-education-fair>



## ATHLETICS

### **Varsity Soccer Game Summary**

The GWA Varsity boys took on RAS Saturday September 30. GWA took an early lead when Ayman Yahya buried a cross in the bottom corner. M'hamed Mahi then doubled the lead with a nice finish.

RAS fought back to tie the score early in the 2nd half.

Anas Jelloul entered the match with six minutes remaining and scored 2 goals to give GWA the 4-2 victory.

*Coach David Grudda*



### **JV Soccer Game Summary**

Date: Sept. 30th, 2017

GWA VS. DOMINOE

On Saturday, Sept. 30, the JV boys soccer team played a local Casablanca club soccer team. The match was played on the turf field in a 6 v 6 format.

This was our first match and we played six, ten minute games. This gave every player a chance to play for 10 minutes straight without any substitutions.

Overall, the matches went really well. We did a very good job at keeping our shape and supporting the players with the ball. The opposing team was a bit younger and weaker than us, but it was a great first match to test our skills.

Our first official 8 v 8 match will be at home against CAS on Oct. 5 at 4:30 pm.

*Coach J. Cooper*

## ATHLETICS

### **Varsity Girl's Soccer Game Summary**

Date: Sept. 30th

GWA v RAS

Soccer ladies played their first friendly game of the season last Saturday and lost 5-2 to RAS.

The game was hard-fought but lacked consistency especially in defense. Lady Mustangs started slowly in front of the Lions who had a couple of attempts before scoring their first goal around 10 minutes into the game. Our ladies started attack mode immediately after, and had a few shots on target (by Douja) before tying 1-1 (by Rim Dekkak). In the last 15 minutes of the first half, GWA had was superior in ball possessions keeping pressure and winning the ball in the Lions half but unfortunately were not able to score a second goal.

In the second half, the ladies had a hard time keeping their positions and the defenders kept forgetting to stay in line which allowed the opponent to score 4 consecutive goals. Before minute 15 of the second half, GWA fought back and stopped conceding goals. They also had many occasions and shots on target and scored 2 goals (by Mariama).

*Coach Safia Zouaoui*



## LIBRARY

Dear parents,

I am so thrilled to be the school librarian at George Washington Academy where I can work with all students at our campus. I am committed to helping your child learn and succeed. My role is to support students in their reading, in their research projects, in learning to use the school online databases effectively, and find the best resources possible for their needs.

Our library offers access to many books, journal articles, magazines, eBooks (those are books viewable through Destiny catalog), internet databases, and other resources.

As a parent, you too have access to our databases which are available online through the school library's website; [library.gwa.ac.ma](http://library.gwa.ac.ma). You can log in with your own account that you request at the library as you can use your child's account.

Our school library is a learning center for our students and provides daily instruction and support to help prepare students for the future. I welcome the opportunity to visit with you. Please stop by the library or email me if you have any questions.

Please remember that the due date to sign up your child to Accelerated Reader and STAR testing was Friday 29. Lower School students can take A.R and Rallye de lecture tests in the computer lab from 7:30-8:00 and 3:10-4:00 every day except on Wednesdays. Middle School students can take A.R and R.L tests in the upper school section of the Library every day from 3:30-4:30.

We are partners in your child's education.

*Asmaa Rias El Idrissi*  
School Librarian  
[arias@gwa.ac.ma](mailto:arias@gwa.ac.ma)



# LIBRARY

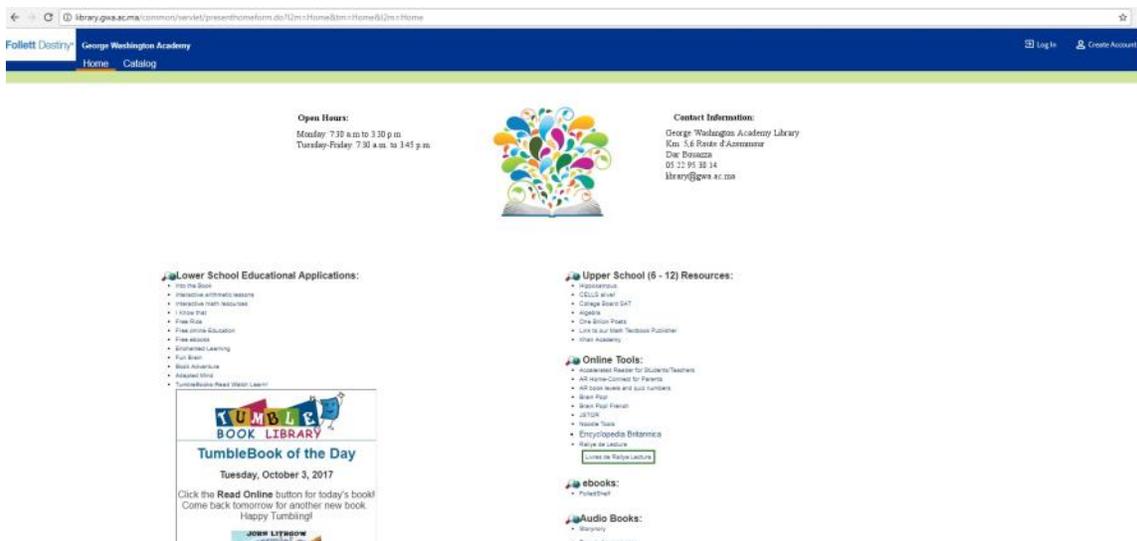
## “21st Century Skills” Home Work help!

It’s 8:30 at night, and you just finished dinner, dishes, and you believe, all homework is done, until suddenly, your child says, “Oh, wait! I forgot that my research for my project is due tomorrow.” What do you do? Get on the internet and “Google” it? Turn to Wikipedia? How about using the same resources that college students use, but that are designed for easy use for K-12 students? Did you know that your school library provides access to databases for students and parents as well? You can access these from home or at school with a user name and password. These databases are free to your students for use at home and at school and offer up-to-date accurate information--without pop-ups or other commercial messaging.

You can have access to all the following online resources/databases through the library website “<http://library.gwa.ac.ma>”.

- Library catalog (where all our regular books, eBooks, audiobooks, Reference books are stored)
- Free e-Books & Books in Gutenberg
- Accelerated Reader
- AR book levels and quiz number
- Brainpop (French & English)
- Online Britannica Encyclopedia
- Tumble books
- Funbrain
- Enchanted Learning
- Encyclopedia Britannica
- Math practice

These are terrific resources that parents can use to help their kids with homework, research projects, science or history assignments.



## ASA @ GWA



Art Club every Monday  
for 5th to 8th Grade  
students. At 3.30-5pm in  
Art 1.

Brush up on art skills and  
enjoy the creative vibe!

Sign up through ASA.  
Only 10 students max!



## LUNCH MENU GRADES NURSERY – KINDER

<b>Menu for grades Nursery-Kinder/ Oct2017</b>				
<b>MONDAY/9</b>	<b>TUESDAY/10</b>	<b>WEDNESDAY/11</b>	<b>THURSDAY/12</b>	<b>FRIDAY/13</b>
*Ceasar salad *Egg Noodles w/ Vegetables *Sautéed cauliflower& zucchini *Yogurt *Seasonal fruit	*Coleslaw salad *Tandoori chicken with yogurt cucumber sauce *Sautéed Vegetables *Brownie *Seasonal fruit	* Greek Salad with Black olives *Fish Kebab with herbs *Roasted vegetables *Seasonal fruit *Oatmeal Cookie	* Tomato, corn, and cheese salad *Mexican tacos w/ chicken *Salsa, lettuce, red beans, guacamole and cheese *Seasonal fruit *Pineapple Upside-down cake	*Mixed green salad *Couscous w/ Beef *Squash, zucchini, carrots, chick peas, sweet onions& raisins *Chocolate Mousse *Seasonal fruits
*Salade César *Nouilles aux légumes *Chou-fleur et courgettes sautés *Yaourt *Fruit de saison	*Salade coleslaw *Poulet tandoori/ sauce yaourt concombre *Légumes sautés *Brownie *Fruit de saison	*Salade grecque *Kebab de poisson mariné *Légumes au four *Fruit de saison *Biscuit d'avoine	Salade de tomate, mais et fromage Tacos mexicain au poulet Salsa, haricots rouges, laitue, guacomole et fromage Fruit de saison Cake à l'ananas	*Salade variée *Couscous au boeuf *Carottes, courgettes, potiron, oignon & raisins secs *Mousse au Chocolat *Fruit de saison

## LUNCH MENU GRADES 1-12

<b>Menu for Grades 1-12/ Oct2017</b>				
<b>MONDAY/9</b>	<b>TUESDAY/10</b>	<b>WEDNESDAY/11</b>	<b>THURSDAY/12</b>	<b>FRIDAY/13</b>
*Ceasar salad *Egg Noodles w/ Vegetables *Chicken cutlet w/ bechamel sauce *Sautéed cauliflower& zucchini *Yogurt *Seasonal fruit	*Coleslaw salad *Tandoori chicken with yogurt cucumber sauce *Turkey meatballs *Sautéed Vegetables *Brownie *Seasonal fruit	* Greek Salad with Black olives *Fish Kebab with herbs * Teriyaki Cornish Hens *Roasted vegetables *Seasonal fruit *Oatmeal Cookie	* Tomato, corn, and cheese salad *Mexican tacos w/ Beef *Mexican tacos w/ chicken *Salsa, lettuce, red beans, guacamole and cheese *Seasonal fruit *Pineapple Upside-down cake	*Mixed green salad *Couscous w/ Beef *Couscous w/ Chicken *Squash, zucchini, carrots, chick peas, sweet onions & raisins *Chocolate Mousse *Seasonal fruit
*Salade Caesar *Egg noodles/ legumes *Filet de poulet avec sauce bechamel *Chou-fleur et courgettes sautees *Yaourt *Fruit de saison	*Salade coleslaw *Poulet tandoori avec yaourt concombre sauce *Boulettes de dinde *Legumes sautees *Brownie *Fruit de saison	*Salade Greque *Kebab de Poisson marinees *Coquelles avec sauce teriyaki *Legumes cuites au four *Fruit de saison *Biscuit d'avoine	*Salade de tomate, mais et fromage *Tacos Mexican au poulet *Tacos Mexican au Boeuf *Salsa, haricots rouge, laitue, guacomole et fromage *Fruit de saison *Cake a l'ananas	*Salade Variee *Couscous de poulet *Couscous de Boeuf *Carottes, courgettes, citrouilles, oignon & raisin *Mousse au Chocolat *Fruit de saison